

RESPECT NATURE

HOW TO ACT OUTDOORS TO MINIMISE YOUR IMPACT AND TO PROTECT THE NATURE YOU LOVE AS BEST AS POSSIBLE. WITH RESPECT NATURE YOU WILL HELP NATURE STAY WILD FOR FUTURE GENERATIONS!



Let's
get
Wild!

1 KNOW WHERE YOU GO

- Do your research about the area before heading out
- Prepare for extreme weather and emergencies
- Test your gear
- Know your limits



2 STAY ON TRAILS

- Concentrate on existing trails and walk in the middle of the trail
- Do not take shortcuts
- Walk on durable surfaces when hiking off-trail



3 MINIMIZE CAMPING IMPACT

- Check if wild camping is allowed
- Camp on durable surface if no established outdoor campsite is around
- Keep your food away from your sleeping area



4 KEEP NATURE CLEAN

- Take what you brought back to civilization
- Avoid water contamination by soap
- Dig a toilet pit, at least 50 m away from water sources
- Use natural material as toilet paper



5 MAKE FIRE RESPONSIBLY

- Respect fire restrictions and regulations
- Prefer existing fire rings and camp stove
- Keep the fire small
- Burn the wood completely and scatter ashes widely
- Collect small firewood where allowed



6 SHOW RESPECT

- Do not hunt
- Do not fish
- Do not collect berries and mushrooms
- Do not collect natural objects



7 RESPECT WILDLIFE

- You are a guest, so behave like one
- Observe wildlife from a distance, do not approach
- Use designated wildlife watching sites
- Do not feed wildlife



8 RESPECT OTHERS

- Stay friendly, make sure to greet
- Respect other visitor experiences, avoid being loud
- Take up only as much trail space that you need, let others pass
- If you are on a bicycle, yield to hikers on the trail



9 RESPECT LIVESTOCK PROTECTION

- Do not cross electric fences
- Keep your distance from herds guarded by livestock guarding dogs
- Keep your dog close to you
- Get off your bike

